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Sharman Apt Russell is the author of several books, including *Hunger* and *Songs of the Fluteplayer*, which won the Mountains and Plains Booksellers Award. She has written for publications including...

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AN UNNATURAL HISTORY by Sharman Apt Russell · RELEASE DATE: Sept. 1, 2005 An engrossing account of the myriad aspects of hunger, from its psychological and physical effects on the body to the spiritual, therapeutic and political motivations for fasting.

HUNGER | Kirkus Reviews

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Hunger An Unnatural History [PDF]

Hunger: An Unnatural History by Sharman Apt Russell 272pp, Basic Books, £14.99 When David Blaine fasted for 44 days in London in 2003 he was pelted with rotten eggs by people who found the stunt...

Food for thought | Books | The Guardian

Hunger makes you reach out your hand. Your brain, your stomach, your cells hunger. They break down matter and transform it into something else, the gestalt of your life. You cannot live without hunger. You cannot live with hunger. Hunger begins your exchange with the world.” — Sharman Apt Russell, Hunger: An Unnatural History

Hunger Quotes by Sharman Apt Russell - Goodreads

Author: Sharman Apt Russell. Genre: Nonfiction. Year: 2005. Acquired: Library (upon @ BibioEva's Twitter suggestion) Rating: One Sentence Summary: Hunger: An Unnatural History is an overview of the science, sociology, and moral implications of hunger and it's impact across the globe. One Sentence Review: This book covers a little too much territory for my tastes, but it still provides a well-written and important overview of the impact of hunger on an individual and society.

Review: Hunger - An Unnatural History by Sharman Apt Russell

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HUNGER An Unnatural History. By Sharman Apt Russell. 262 pp. Basic Books. \$23.95.

'Hunger': Never Enough - The New York Times

Sharman Apt Russell, the highly acclaimed author of *Anatomy of a Rose* and *An Obsession with Butterflies*, here takes us on a tour of hunger, from eighteen hours without food to thirty-six hours to seven days and beyond. What Russell finds-both in our bodies and in cultures around the world-is extraordinary.

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